



CREATE PERFORM & TRANSFORM

A Michael Chekhov workshop
Natalie Yalon and Marjolein Baars

AMSTERDAM
JUNE 5th-7th 2026

Listen deeply and express what is close to your heart in a creative and transformative way!

Workshop for
actors, musicians, puppeteers, designers, artists, teachers &
all creative people

Open for beginners, students, professionals

Practical information

Location: Kempenaerstudio Amsterdam

Dates: Friday, Saturday & Sunday June 5, 6 & 7, 2026 , 10 am - 1 pm & 2pm - 5 pm

Costs: €425 including 21 % VAT,

Registration before May 1st, 2026

REGISTER NOW: send full name, contact information, photo and short motivation to marjolein@michaelchekhov.nl

For more information:

www.michaelchekhov.nl



Create, perform and transform

During this three day intensive we will use everything that happens as information and input to discover tangible and intangible dynamics in the group and ourselves. We ask you to bring a line, poem, image and/or situation that is close to your heart and that you want to work with. We focus on listening with all our senses to each other as well as to what is living insight of us. We stand on the border between this inner and outer space and truthfully express ourselves in our performance. How do we transform by deeply listening and staying close to our hearts? We work from the Michael Chekhov technique and apply it to obstacles we encounter during the process as well as to real life situations we ask you bring in. Next to observation we focus on training the body to be transparent and grounded. To become an instrument that is attuned to the moment and the context we are in. Combining the MC technique with real-life situations and group dynamics has the potential to unlock insight into the creative process and be literally in-spire-d and full of life energy.

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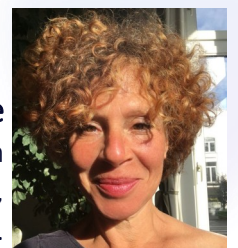
Natalie Yalon and **Marjolein Baars** met in 2016. They have been working together since then. They have both been trained by Lenard Petit and developed their own style over the years. They love to co-create and are passionate about discovering *how* to open possibilities to let light, love and joy become a foundation in our life, work and communities.



Marjolein is the artistic director of the [Michael Chekhov Collectief](#), Amsterdam (2022). She is trained as a physiotherapist, haptonome, mime and specialized in clown & Michael Chekhov acting technique. She is a theatre maker, director and acting teacher for over thirty five years in Europe, Russia, Australia and the United States. She created performances and many projects around research and social issues.

Natalie

is the artistic director of the [Studio Michael Chekhov Brussels](#) (2011). She became an actress, director and acting teacher for over twenty years in Belgium, Italy, France, Guadeloupe, Belgium, Chile, and the United States.



The [Michael Chekhov Collectief](#) embraces *the art of multileveled acting* in all its forms. The stage is no longer restricted to the theatre. Transformation, imagination, truthful acting, co-creation, ensemble work and consciously unravelling the drama's of our time in an artistic way, asks everybody's creativity.

The Michael Chekhov Collectief therefor aims to provide artists (in every human being) and ensembles (in every field) with tools to collaborate from the Creative Individuality and work towards transformation at a fundamental level through training, performances and projects. MCC explores and does theatrical participatory research to contribute to fundamental questions concerning social issues.